Monday, October 20, 2025

Lunch Today: Popcorn Chicken, Mashed Potatoes, Fruit, Vegetable, Milk

- Congratulations to JV Steamer Volleyball on winning the Fall Classic Volleyball tournament on Saturday! Good luck to JV Steamer Football as they travel to Morrison today, game time 5:30.
- We are challenging you to a video contest, a TikTok dance that you create to The Monster Mash. Videos need to be shared to Mrs. Pepper no later than 3:00 on October 24th. A survey will come out the following week for voting with winners to be announced on Halloween. Remember--keep it school appropriate but have some fun and be creative. Good Luck!!
- A representative from St. Ambrose University will be in Student Services today at 2:30 PM. If you would like to attend, please scan the QR code in the hallways or email Mrs. Facio. Thank you!
- Tuesday's dress-up day is Fire and Ice (Dress up In a Red or Blue colors) Here's Your Chemistry Joke of the Day: What do you call an educated tube? A graduated cylinder.
- Students 16 years or older are invited to sign up for the Blood Drive on Wednesday,
 October 29th.
- **Sign Up:** Check your email for the registration link or scan the QR code on posters displayed around the school.
- Important: Students who are 16 years old must also submit a parent consent form to participate. Don't miss this opportunity to make a life-saving difference in our community!
- October is Bullying Awareness Month, and this week we're focusing on Asset 7:
 Community Values Youth. When our community shows that it cares about young
 people, it sends a powerful message—you matter. Remember, standing up for one
 another and showing respect makes our school a safer, kinder place for everyone. Let's
 start the week by spreading kindness and reminding others that they are valued.